

## Curriculum Vitae Prof. dr. Elke Van Hoof

Elke Van Hoof teaches medical and health psychology (since 2006) as well as clinical psychological interventions (starting from 2017-2018) at the **Vrije Universiteit Brussel**. She is a guest lecturer at the Vlerick Business School. In addition, Elke is a lecturer in the interuniversity training "First-line psychological care" and "Psychodiagnostics for adults". Furthermore, she is a respected visiting professor in many different training courses.

Next to her academic career, Elke Van Hoof is managing director of the **Center for Resilience**, the center of expertise for stress, burnout and resilience, as well as co-founder of **Agile Grit**. Agile Grit is a company that specializes in creating software and online applications for psychosocial health care.

**Social and sustainable entrepreneurship** is a central theme in all her activities. The most recent initiatives supported by Elke Van Hoof are the coaching of minor refugees and the improvement of health care accessibility.

Elke has been conducting **research** for more than 15 years into what makes people vulnerable to (temporary) problems when confronted with a chronic disorder. In other words, she is striving to gain insight into factors that have a negative but also a positive influence on dealing with these challenges. She does so in various fields such as stress and burnout, but also cancer. Since 2016, Elke Van Hoof investigates how self-employed persons can be better supported during long-term absence, and during their return to the job market.

Elke is a member of the following **professional associations**:

- *Vlaamse Vereniging voor Klinisch Psychologen (VVKP)* (flemish federation of clinical psychologists);
- EMDR Belgium;
- *Vereniging van Organisatie-, Consumenten- en Arbeidspsychologie (VOCAP)* (association of organizational, consumer and occupational psychology)
- Belgian Association for Psychological Sciences (BAPS).

Elke Van Hoof subscribes to the code of ethics of the Commission of Psychologists.

Elke Van Hoof is a member of the **Commission of Psychologists**. The Commission of Psychologists is a public authority which is part of the federal government. The Commission of Psychologists has authority over all psychologists in Belgium.

Elke Van Hoof is an expert in Belgium's **Superior Health Council**. The Superior Health Council (SHC) is the scientific advisory body of the Federal Public Service 'Health, Food Chain Safety and Environment'. Since its creation in 1849, the Superior Health Council's objective is to support the Belgian government in the field of public health. This consulting role – which has grown significantly over the years – is based on the work of teams consisting of scientists who are specialized in their fields.

Elke Van Hoof acts as advisor to the **Committee on Employment and Social Affairs of the European Parliament**.

In addition, Elke is co-responsible for the register of Clinical Psychologists and the work group on first-line psychology within the VVKP. She also takes part in numerous policy supporting initiatives as an expert.

In 2007, she received the 'Junior Investigator Award' as a European from the American organization AACFS for her research and clinical work on CFS/ME. She has published many articles in scientific literature as well as for the general public. She is a popular speaker at home and abroad. Elke Van Hoof is a reviewer for more than 10 international scientific magazines.

For many years, Elke was involved in the Pacific Fatigue Lab at the Pacific University (USA) where she worked on diagnostic tests for CFS/ME.

From 2009 to 2013, she was the head of division of the Belgian Cancer Centre, where she put the Belgian cancer policy at national and international level in the spotlight. She achieved this by bringing together all specialists and policy makers. Prof. dr. Simon Van Belle (Ghent University) honored her in 2013 for her efforts thanks to which Belgium made it to the top 3 regarding cancer. He underlined her capacity to turn science into policy, and to develop practical and easy-to-use interventions that can be used at every level and in every organization.